

THE SUMMIT FOUNDATION CUP BRECKENRIDGE SKI RESORT - 2023



Pro-Tip #1

Be Early!

All ski and snowboard events rely on their athletes being on time! As many of you know, chairlifts can stop, parking can be surprisingly full, or the bus can be late. It's best to always give yourself extra time.

Organizer Tips

Our goal is to host an event that is fair for everyone!

Follow the Jury:

<https://chat.whatsapp.com/Do4pMv6NjF55Cu1fs31JQH>

Pro-Tip #2

Your time does not define you.

Are you sick? Do you have a test tomorrow?

These are all things that can affect one's score. Just remember it's one day. A growth mindset gets you to the highest levels. It forces you to improve for the next time and there are always more competitions.

Ski Cross Athlete

Here is an excellent short with one of our ski cross athletes:

[\[YouTube\] I am a Copper Athlete: Walker Robinson](#)

Bibs

Bibs must be returned before awards or families face a \$50 Lost Bib Fee.



WELCOME

We hope this message finds you well!

The Summit Foundation Cup is an exciting introduction to competitive skiing and snowboarding! We have created this document to help answer several of our most common questions Athletes and Parents might have regarding the Event

Included below are two sections:

- General Event Information (aka Fact Sheet)
- Additional Key Information

Thank you so much for participating in these events! These are incredible opportunities to have a great time, meet new friends, and show off what you've learned.

If you have any questions, please do not hesitate to reach out directly at 703.678.3187 or events@teamsummit.org.

The Summit Foundation Cup - 2023

Modified Cross Races x2

Breckenridge

Sunday, March 5th, 2023

Description	Join Team Summit Colorado in partnership with Breckenridge Ski Resort and The Summit Foundation for the third Summit Foundation Cup of the season!		
Event	Sunday, March 5th - 2x Modified Boardercross and Ski Cross Races		
Location	Breckenridge Ski Resort - Freeway		
Participants	Boys and Girls, Ski and Snowboard (Snb) age 15 and under **This is an event for athletes without a USASA or USSA License		
Age Class	Ski: U14, U12, U10 & U8 // Snowboard: U14, U12 & U8		
Entry	Registration: https://www.eventbrite.com/e/the-summit-foundation-cup-2023-cross-competition-registration-512140234227		
Entry Fee	Free		
Deadlines	Thursday, March 2nd, 2023 @ 11:59pm		
Waivers	Waivers must be completed prior to the Team Captains Meeting Waivers can be completed here: https://app.waiversign.com/e/5e2b631d935b1300177d874a/doc/5e2b67081a1a1c0019c150c3.5e3b2789cd6ade001793af45?event=none		
Lift Tickets	Competitor Tickets - Free Spectator Tickets - \$90 at the ticket window		
Lifts	Colorado Super Chair & 5 Chair open at 8:30am *BreckConnect Gondola Opens at 8:00am		
Parking	There are several parking options in Breckenridge. Please note, Breck Free Ride starts running at 6:45am depending on the route. Please check breckpark.com for official times. Most busses start running between 6:15am and 8:00am - Learn more here: https://www.breckfreeride.com/routes-schedules <ol style="list-style-type: none">1. Free: Park in the Airport lot, take the Red Breck Free Ride Route to Breckenridge Station (the bus hub), then take the Gold Route up to Peak 8.2. Free: Park in the Ice Rink, take the Trolley to Breckenridge Station then take the Gold route to Peak 83. Paid: Park in the Gondola Lots then take the BreckConnect Gondola or Gold Route4. Paid: Breck Park Stables Garage on Peak 8		
Communication	Start List & Results: [Click Here to view Start List & Results] Team Captains Meeting: https://us02web.zoom.us/j/83360495345 Jury WhatsApp: https://chat.whatsapp.com/Do4pMv6NjF55Cu1fs31JQH		
Run Order	Snowboard then Ski, Women then Men, U8 through U14		
Volunteers	Register on CampMinder All Volunteers receive a lunch, and lift ticket as needed [Click Here] or email events@teamsummit.org to volunteer		
Schedule	Thursday @ 6:00pm	Parent Team Captain's Meeting	https://us02web.zoom.us/j/83360495345
	Sunday @ 7:45am	Checkin Opens (Closes 8:45)	Peak 8 - Ski Hill Grill NO GEAR STORAGE
	Sunday @ 8:30am	Lift opens	Colorado Super Chair & 5 Chair
	Sunday @ 9:45am	Cross Race 1 - Inspection	Freeway
	Sunday @ 10:15am	Cross Race 1 - Start	Freeway
	Sunday @ 12:30pm	Cross Race 1 - Inspection	Freeway
	Sunday @ 1:00pm	Cross Race 1 - Start	Freeway
	Sunday @ 3:30pm*	Awards	Peak 8 Base Area* Confirmation Announced at Check In

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KEY INFORMATION (explained)

Zoom Link for TCM:

We HIGHLY encourage every family to attend the zoom meeting prior to the event. This will provide both parents and athletes with the information to have an enjoyable day.

<https://us02web.zoom.us/j/83360495345>

Format:

We will only be running time trials only for this event. Athletes run the course at regular intervals deemed safe by the organizing committee. Athletes will drop when instructed to by the starter.

Snowboarders will go first, then girl skiers, then boy skiers.

Parents & Athletes are responsible for:

- Having all necessary equipment on when checking in
- Staying with your coach, and telling them when you're hungry or need to use the bathroom
- Arriving to the start EARLY!
- Stay for awards (This makes you an amazing team player!)
- Tell your coach about any allergies or medications you are taking
- Take your lunch, snacks, and layers on hill with you
- Returning bibs (a bib bag is located by the exit corral)
 - *Please note, there is a \$50 missing bib fee if not returned*
- HAVING FUN!!

Parking:

There are a variety of parking options at Breckenridge including both free and paid parking.

There are several parking options in Breckenridge. Please note, Breck Free Ride starts running at 6:45am depending on the route. Please check breckpark.com for official times.

Most busses start running between 6:15am and 8:00am - Learn more here: <https://www.breckfreeride.com/routes-schedules>

1. Free: Park in the Airport lot, take the Red Breck Free Ride Route to Breckenridge Station (the bus hub), then take the Gold Route up to Peak 8.
2. Free: Park in the Ice Rink, take the Trolley to Breckenridge Station then take the Gold route to Peak 8
3. Paid: Park in the Gondola Lots then take the BreckConnect Gondola or Gold Route
4. Paid: Breck Park Stables Garage on Peak 8

Timed Event?

Timed events means the best time wins based on your division.

Inspection

Inspection times are meant as a time for athletes to view the course and create their plan.

This is always done at slow speeds. No racing is allowed.

Start Order

You will be given a bib at Checkin. Usually, you will follow the bib number in front of you.

Start Structure

Your starter will tell you when you can go down the course.

Please wait for their signal.

Cadence:

"Racer Ready, Attention, Go"

Spectator Tickets

We encourage everyone to spectate!

Tickets may be purchased at the ticket window in Peak 8 after Check In.

Spectator Tickets are \$90

Pick Up

Check out with your coach before departing for the day.



“Comp Day” Gear & Needs

Outerwear/Innerwear

- Socks (recommendation: buy all the same sock so you don't have varying thicknesses...which affects boot fit)
- Pants (thermal pants underneath)
- Team Jacket and Extra Layer
- Gloves
- Liners
- Hand warmers
- Helmet
- Goggles
- Facemask
- Sunscreen

Water, Food & More

- Suitable Backpack for Skiing & Riding (lunches, water bottles and extra layers can be stored in the backpack)
- Water Bottle
- Lunch
- TWO Snacks in jacket pockets
- Personal needs such as EpiPen, Medication, etc.
- (if your child needs medication during training, please communicate with their coach)

What a Summit Foundation Cup Competition Looks Like



Registration

You can register your athlete as soon as it becomes live on the web page.

All resorts require waivers. In some cases you will be able to fill out waivers electronically if you register on-line. You can always fill out waivers during check-in the day of the event.

Checking-In

Everyone must check in at the Checkin the morning of the event. The Checkin Desk will have your bib, and lift tickets. Your athlete will not be allowed to participate in the event without a bib.

Lift Tickets – athletes receive a free lift ticket at check-in

Family Lift Tickets – parents can buy a discounted lift ticket voucher at check-in. You will need to take the voucher to the ticket window to exchange the voucher for a lift ticket. See the event Fact Sheet for specifics on prices etc.

Foot Traffic/Uphill Traffic – Some Resorts allow foot traffic, some don't. (Foot Traffic means you access the course by walking off the chairlift and to the course.) Same goes for those looking to skin during hours. Check the fact sheet or contact the resort for more information.

Coach Assignments

You can choose to ski with your athlete during the competition day though we strongly recommend your athlete join their assigned team.

If you choose to ski with your athlete, YOU are responsible to ensure your athlete is where they need to be, when they need to be there. This includes having them lined up in bib order for course inspections and well before their start times.

If your athlete wants to ski with a Team Summit coach, they will be assigned a coach after check-in is complete. The coaches will be holding signs with age groupings so you will need to know what age group your athlete is in. There is no guarantee your athlete will be skiing with their “normal” ITS coach.

Your athlete will need to bring their normal backpacks with extra gear, lunches, water and snacks when they leave with the coach. [Click here to see our recommended packing list for a competition day.](#)

Parent Etiquette

Please be patient and flexible throughout the day. These events are FREE and are primarily supported by parent volunteers.

- Ask the right questions - ie “did you have fun,” instead of “did you win”
- Learn the Sport and Culture
- Understand your athletes goals
- Give Ownership to both your athlete and their coach

Coach Assignments

Each event starts with a course inspection/practice. During this time, the athlete will have an opportunity to check out the course and prepare for their run. For detailed information on where and when inspection will take place please refer to the event fact sheet.

Athletes only get one competition run for most Summit Cup events so it is imperative they do not miss their start.

Parents... please be patient throughout the day! These events are meant to be fun for the kids but are primarily run by parent volunteers.

Your athlete needs to be prepared to do a lot of waiting around throughout the day. This means they need to have their packs with them, bladders empty and hand warmers ready to go at any time. This is NOT exclusive to Summit Cups, this is at all levels of competitive skiing/riding. They need to be at the start early and wait patiently for their turn.

It can be difficult for the coaches to lap between runs as they need to ensure all of their athletes are where they need to be, when they need to be there.